

ARE YOU FACING CRISIS?

OR KNOW
SOMEONE
WHO IS?

contact us:

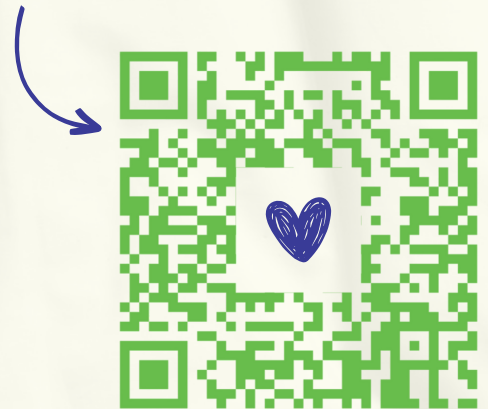
020 8439 9735

info@vineyardcommunity.org

or visit our website: **vineyardcommunity.org**
for more information



scan me!



Our team at Vineyard Community & Richmond Foodbank continues to expand our range of **free** services - detailed overleaf. If you're in need of food, support, warmth, friendship and community, come along to:

**VINEYARD COMMUNITY CENTRE
RICHMOND, TW10 6AQ**

SUPPORT + SERVICES

AUTUMN | WINTER 2023-24

all services are
free of charge

and subject to change in
adaptation to community

MONDAY

- **Crisis Drop-in:** 9-11 am: food, showers, clothing, support work, help with (risk of) homelessness, healthcare, mental health support, employment, welfare, addiction recovery, debt advice
- **Support Work:** 9am - 3pm: for those experiencing (or at risk of) homelessness, complex crisis, food poverty, financial difficulty
- **Psychotherapy Mental Health Support Groups:** 9am - 12pm
- **Richmond Foodbank Plus:** 1-3 pm: emergency food provision, healthy hot meals and support work
- **Book Club:** 1-3 pm

TUESDAY

- **Crisis Drop-in:** 9-11 am
- **Support Work:** 9am - 3pm
- **Embroidery Club:** 1pm - 3pm
- **Vineyard Community Refugee Hub:** 1-3 pm

WEDNESDAY

- **Crisis Drop-in:** 9-11 am
- **Support Work:** 9-11 am
- **Food with Faith Club:** 11am - 12:15pm
- **Crafty Minds Art Therapy Group:** 1-3 pm
- **Knit and Natter Club:** 1-3 pm
- **Vineyard Cooking Club:** 1-3 pm: cooking classes for vulnerable local families and individuals
- **We Are With You - Board Games Club:** 1-3 pm

THURSDAY

- **Crisis Drop-in:** 9-11 am
- **Support Work:** 9-11 am
- **Richmond Foodbank Plus:** 1-3 pm
- **We Are With You - Art Club:** 1-3 pm
- **Knitwits Club:** 1-3 pm

FRIDAY

- **Crisis Drop-in:** 9-11 am
- **Support Work:** 9-11 am
- **Psychotherapy Mental Health Support Groups:** 9am - 12pm
- **Music Therapy Group:** 12-2 pm